

Parenting Strong-Willed Teens

The Parenting Styles

(We often parent our kids
the “same as” or
“the opposite from”
how our parents parented us)

High Love and Affection

Authoritative
Parenting Style
(Ideal)

Permissive
Parenting Style
 (“Marin” Parent)

**High
Discipline**

**Low
Discipline**

Authoritarian
Parenting Style
(Bully)

Neglectful
Parenting Style
(Abandoned, Parentless Child)

Low Love and Affection